

**CONTINGENCY PLAN FOR THE
PREVENTION OF SPREAD
SARS-CoV-2
ZURICH MARATHON MÁLAGA 2021
DECEMBER 12TH**



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1. Nature of the event and analysis

Zurich Maratón de Málaga is a popular, international and solidarity sports running event, which is found on the national calendar of the Royal Spanish Athletics Federation, with a Label label by World Athletics in its “Bronze Label” category and in the calendar of the International Association of Marathons (AIMS).

The event, which will be the tenth edition, will take place through the main streets of Malaga. With Exit in the Paseo del Parque (Malaga City Council) and Meta in the same place.

An improved format is offered for the prevention of Covid, with respect to the editions made previously. With Start boxes, organized by race times. With controlled and managed assistance flows through registration and number collection. With prior information on the established hygienic-sanitary conduct regulations and mandatory compliance for all users and with a set up designed to guarantee the safety of all attendees. All this, without ceasing to be an event that will mark an experiential milestone and that will move the passions of all those athletic fans.

For all this, due to the particularities established from the institutional sphere for the mobility of individuals and the use of public space, the purpose of this document is to establish all those preventive and protection measures for all agents involved in both development, installation, start-up or assistance to this event in accordance with current regulations in force,

always putting safety and the preservation of public health first when determining the specific protocols for each activity.

This document may be revised according to the evolution of the analysis made by health authorities and local or governmental institutions of the threat that the virus poses to the population as a whole at all times.

2. Application of current regulations. Terms and definitions

For the development of this document, both the guidelines and regulations existing to date of the competent institutions (Central Government of Spain, Junta de Andalucía, Ayuntamiento de Málaga), as well as the recommendations of official bodies (World Organization of the Health), the Athletics Federations (Royal Spanish Athletics Federation and Andalusian Athletics Federation); and specifically the protocols developed for our field and that are applicable according to the UNE 0066-19: 2020 regulations and the "Recommendations for Events and Multitudinous Activities in the context of the new normality due to COVID-19 in Spain" of September 16, 2020 of the General Directorate of Public Health, Quality and Innovation of the Ministry of Health.

It is noteworthy to indicate that this regulation assumes the responsibility of the event organizations to develop specific contingency plans for the prevention of the spread of SARS-CoV-2 for each act that involves human teams and / or public assistance in what which they call 'risk management'. Risk management must govern each of the organisation's actions in order to guarantee the safety and health of all those involved in the event.

Several concepts necessary for the understanding of this text are detailed below:

COVID-19: Disease caused by the SARS-CoV-2 coronavirus, a virus first detected in December 2019.

NOTE 1: The most common symptoms include fever, cough, and feeling short of breath. In some cases there may also be a decrease in smell and taste, chills, sore throat, muscle aches, headache, general weakness, diarrhea or vomiting.

[SOURCE: Ministry of Health, Consumption and Social Welfare, 2020]

Risk:

Possibility of a person getting the SARS-CoV-2 coronavirus.

Risk management:

Coordinated activities to direct and control the organization in relation to risk.

[SOURCE: UNE-ISO 31000: 2018]

Organization:

Organizers of congresses, meetings, incentives, conventions, conferences, trade fairs and events, as well as managers of congress centers, fairgrounds and other spaces in which the above activities take place.

3. General preventive measures

In order to carry out a safe event for all members, a series of measures are established to protect against contagion that must be complied with in all cases:

- Constant communication and coordination will be maintained between those responsible for the contingency plan and those responsible for the agents involved, in order to maintain a flow of information and appropriate action protocols at each moment of the event. These processes will be constantly updated and reviewed according to the latest institutional recommendations to guarantee the health of those attending the event.
- The recommended social distance measures will be respected whenever possible.
- In the case of closed spaces, people will be distributed in seats with markers that allow respecting social distance (in this event the only partially closed spaces are the tents, in which members of the organization in charge of the timing and the public address system will be located).
- Constant hand washing with soap and water or the use of hydroalcoholic gel for disinfection is recommended.

- Personal contact will be limited to what is strictly necessary, avoiding greetings, shaking hands, kissing or hugging.
- In any case, the exchange of merchandise hand-to-hand will be avoided, promoting the use of digital systems and the disinfection of materials.

4. Protection measures for internal personnel and organization

The event organization team must comply with the following preventive measures to guarantee the minimization of the risk of contagion:

- All members of the Organization will be required to present the “Vaccination Certificate”, with the complete guideline, at the time of collecting their uniformity. Or, failing that, a negative PCR or Antigen test certificate, carried out 48 hours before the event.
- Absence of symptoms described by the health authorities regarding SARS-CoV-2 in the 15 days prior to the development of the event.
- Fulfillment of schedules and work shifts established by the organization to minimize the number of people who share space and shifts. Cleaning and disinfection of all areas that are likely to promote contagion (work surfaces and equipment, knobs, entrances, event materials, shared use vehicles, etc.) between shift and shift.
- Adaptation of workstations to meet the established protection requirements and minimize viral load: separation of office workstations, demarcation of personnel flows in work spaces with signage, limitation of the use of common areas according to capacity (toilets , rest area, food area, warehouse area, meeting area).
- Increase the cleaning service to guarantee disinfection of common areas and provide materials to disinfect work materials for individual use such as computers, tablets, mobiles, tools, etc. The records of the cleaning services performed will be accessible.
- Natural ventilation of closed spaces (tents and stage truck), for air renewal.
- Use of uniformity: the organization will provide staff t-shirts for the team, must be delivered in a closed bag at the beginning of the event, put on once the venue is entered

and put the personal belongings or street clothes of the workers in a bag provided by the organization

- The organization will distribute information on the hygiene measures provided for among the workers, relying on the use of posters.
- Mandatory use of a mask throughout the development of the event. The organization will provide all workers with the necessary PPE at all times, including goggles or protective screens when required.

5. Protection measures for participants

Given that the participants in the sports event are the largest group of people in this type of event, and at the same time, they are the most difficult population to control in the events due to the little information we can obtain about them, these are the measures established by the organization to minimize the risk of contagion and uncontrolled spread of the SARS-CoV-2 virus:

- The use of a mask for the participants of this test is mandatory up to 100 ms after passing under the Start arch, and after passing under the Finish arch in this event.
- All participants will be required to present the “Vaccination Certificate”, with the complete guideline, at the time of collecting the number, in order to participate. Or, failing that, a negative PCR or Antigen test certificate, carried out 48 hours before the event.
- The commitment of all participants will be required to comply with the hygienic-sanitary measures established by the current regulations and the specific ones indicated by the organization. This includes not attending the event if symptoms described by the health authorities for the coronavirus occur or have occurred in the last 15 days. For this, at the time of purchase of the number to participate in the race, a clause that the participant must confirm will be included indicating acceptance of the organization's rules.
- The participant will have information on the design of the entry, exit and routes within the venue on the web.
- Information about the public transportation available to reach the venue will be provided on the event website, indicating peak times so that attendees can make the best decisions regarding their use, prioritizing risk minimization.

- Informative posters and practical manuals on preventive hygiene and sanitary measures will be available to participants. Digital and public address information about the event will be promoted to the detriment of physical information to avoid surfaces susceptible to being infected.
- Potential agglomeration points will be identified and staff will be available to manage the flows at these points.
- There will be at least 2 points with disinfectant solution for each area of the venue (access to Exit, post-finish area and organization tents).
- The organization is reserved to use the right of admission in case of non-compliance with all these protocols by the participants.

6. Access control, flows and capacity

One of the most critical moments to minimize the risk of spreading the virus is access to the premises, due to the queues that are usually used and the mechanisms that are usually used. The prevention measures adopted to control this point are detailed below:

- Access control to safeguard the respect of the allowed gauges and avoid crowds in the access to the starting line. The definition of the allowed capacity will be carried out in accordance with the regulations in force at the time of the event, and will be accessible to all those involved. The starting area is dimensioned so that the groups of each scheduled race time can be located, that is, of a maximum of 2,000 participants with departures every 2 minutes. Because the starting area in the Paseo del Parque is very wide, the organization ensures that participants will be able to maintain an adequate social distance throughout their participation in the event and, in particular, during the moments prior to their participation. in the race.
- There will be a separation of corridor entry ways. The venue will have 14 access points to the Exit area (2 per box), on each side of the recital. Runners with the number will only give way to that area.
- Installation of disinfectant solution points at the entrance and exit of the venue, mandatory for the participants.

The following exit drawers are established:

MARATHON	HALF MARATHON
ELITE	
sub 3h	
sub 3h 15	Sub 1h30
sub 3h 30	sub 1h 40
sub 3h 45	sub 1h 50
sub 4h 15	sub 2h 00
general	general

7. Cleaning, disinfection and waste management protocols

To the usual cleaning and waste management protocol of an event, all applicable preventive measures must be implemented at the time of the event, as well as ensuring that these measures comply with current regulations. For this, the commitments of the Organization in the matter of cleaning are the following:

- Cleaning timing will be defined ensuring sufficient time for disinfection of potentially infected surfaces between shift and shift of workers, and once the event has started.
- The capacity of the toilets for common use will be defined, communicated and controlled, which will have dispensers for drying paper or hand driers, bins with non-manually operated opening and double inner bags. Consumables will be replenished periodically.
- An increase in the frequencies of cleaning and revisions will be required, especially in areas of greater contact such as doors, entrances, toilets, waiting areas, meeting rooms and registration areas.
- The collection of the bins throughout the premises must be carried out in such a way that the content is closed and is transferred to the collection point.
- For the correct disinfection of surfaces, the authorized viricidal products will be used.

8. Action protocol for a possible case of contagion

If during the development of the event a possible case of infection is found, the protocol to be followed by the organization will comply with the current socio-sanitary recommendations and the established institutional regulations. To do this, the basic knowledge about COVID-19 to take into account for its prevention are:

☒☒ The symptoms of COVID-19 are cough, fever and respiratory distress mainly and muscle pain and headaches in some cases.

☒☒ 80% of cases have mild symptoms and the incubation period is 2-14 days. 50% of cases begin to present symptoms 5 days after infection.

☒☒ If a worker or an attendee begins to have symptoms compatible with the disease, a surgical mask will be placed on them, they will be removed from their work station, they will be taken to an isolated area designated for this purpose; and the Occupational Risk Prevention Service will be contacted with the telephone number set up for this purpose by the corresponding Autonomous Community or health center, and their instructions will be followed.

Additionally, the people of the organization with whom the worker or the assistant have had direct contact will be retained in case the health authorities consider the need to have their data to monitor their health status or request home confinement.

For its part, the company will notify the prevention service so that it can adopt the appropriate measures and comply with the notification requirements established by the Ministry of Health, Consumer Affairs and Social Welfare.

